

Migraine Sufferers **NEED** a Chiropractor

Recent Research Explains why...

Research published in 2015 revealed the superior migraine solution which spinal adjustments provide compared to treatments that only utilize pharmaceutical medication. Medical doctors usually prescribe drugs to migraine sufferers without awareness or exploration of the published research revealing other safer and more effective solutions.

Migraines consist of severe, painful headaches which can last for hours or days. The pain arrives accompanied by flashes of light, blind spots, tingling in the arms and legs, nausea, vomiting, and increased sensitivity to light and sound. **Migraine headaches produce some of the worst pain that people ever endure.** Millions of people suffer from migraines every day and experience an agonizing experience that extends far beyond head pain. Migraines literally shut down a person's life and render them incapacitated. The medical community offers a solution consisting of some of the most potent drugs available to human beings. The drugs never fully heal the migraines; they simply pump toxins through the body which mask the pain. **A better healing solution exists.**

Multiple factors contribute to the onset of a migraine. Nutrition, stress, and hormones play key roles in triggering or preventing an attack. **The central nervous system engages with all three of these key elements.** The brain and nervous system direct the control and function of the entire body. The connection between the brain and body explain why Chiropractic adjustments produce such amazing results for migraine sufferers. **One research study determined that people who received upper cervical adjustments reduced their drug consumption by 80%!** These same patients detailed a 97% reduction in the number of days spent each month suffering from migraines. The pain and functional disability associated with migraine headaches completely resolved in the majority of subjects.



The spine intimately connects to the central nervous system and regulates communication and hormone production. Proper movement and alignment of the spine allow for necessary and appropriate brain to body communication. Stress and trauma to the body alter spinal positioning and reduce the body's ability to function and heal at full capacity. Spinal interference alters the brain's ability to control blood vessels in the head, stress hormones, and other key factors which contribute to migraine onset. **Chiropractic adjustments positively impact the body and contribute to optimal physiological performance.** Chiropractic research and success stories impact millions of lives. Millions more simply need the benefit of learning more about how Chiropractic promotes health and well-being while freeing people like migraine sufferers from the burden of dark rooms and dangerous prescription drugs.