

Kids of ALL ages deserve the Chiropractic Advantage

Parents want the best for their children. Most parents make tremendous sacrifices to ensure their children receive a quality education and the security which comes from social connections in the home and community. These provisions get pricey at times, but nothing compares to the priority that parents place on their children's health and well-being. Parents want their children to engage with opportunities for achievement that place no bounds on potential. A child's health directly impacts their mental, physical, and emotional growth and parents build much of their child rearing philosophy around an emphasis on the future.

Being healthy matters. Laser focus, sound concentration, freedom from pain, and adequate energy levels represent important factors in reaching greater potential. An old adage states that a healthy human envisions thousands of goals, dreams, and aspirations; but someone facing sickness envisions only one. The adage speaks to the value of a healthy future for all growing children. A new school year marks a transition to new grades, new obstacles, new social interactions, and new environments. Chiropractic care provides a health and performance advantage for infants and children of all ages.



Extensive, evidence-based research documents how Chiropractic adjustments facilitate improved health and function. Over 120 years of science details how Chiropractic adjustments improve brain and nervous system health. **An intimate connection exists between the spine, brain, and central nervous system.** The health of the spine directly influences the health and function of the entire body. Chiropractic care intentionally focuses on unlocking health potential by creating harmony within the body, allowing organs and systems to function at their greatest capacity. Children under Chiropractic care report improved health, better intellectual and physical performance, and the reduction of unwanted symptoms related to previously existing conditions. A healthy spine creates opportunities.

Research from 2016 showed Chiropractic adjustments impact the pre-frontal cortex in the brain. **The pre-frontal cortex manages all executive function.** Examples of executive function include focus control, concentration, learning, and personality. This study showed that a Chiropractic adjustment improved performance in the pre-frontal cortex by more than 20%. Numerous other studies also emphasize the impact and benefits of Chiropractic care on children of all ages.

Spinal adjustments do not focus on treating one specific condition. Chiropractors emphasize pain-free and drug-free solutions for parents who want the brightest future possible for their children. One in every four children currently suffers from a chronic ailment for which they receive medication. Proper spinal alignment reduces interference in the brain and nervous system and allows the body to utilize tremendous potential to heal and resolve digestive, cardiovascular, mental, and immunity concerns. Unlocking health potential in the body translates into limitless opportunities for all children. **Bright futures shine even brighter with Chiropractic.**